

BE A PART OF 5v5 JUST PLAY!

BROUGHT TO YOU IN CONJUNCTION WITH SOCCER FOR ALL AND MSSL

5v5 Just Play, is a new, fun summer soccer program for U7 through U12 players. The program is designed to provide a low commitment way to improve players' skills through enjoyable scrimmages. The program will be held in the Upper Gully of Cadwalader Park, located at 1300 Stuyvesant Avenue, Trenton, 08618.

Registration is available to individuals and teams, and games will occur in Trenton every Saturday, beginning July 10th, and running through August 28th. The program will begin at 9 AM for U7-U9 players and at 10:30 AM for U10-U12 players.

The cost of the program is \$45 per player. Scholarships or price reductions are available to those who qualify. Fee includes all sessions and includes two t-shirts. Applications are accepted on a first come, first served basis. Approximately 40 players are accepted in each session.

Profits from 5v5 Just Play will go to MSSL Foundation to benefit Soccer For All. MSSL Foundation is a 501 c3 not-for-profit organization that helps provide player development opportunities to advance soccer in the U.S.A. MSSL is a recognized tax-exempt charity; contributions are tax-deductible.

For an application form, or if you'd like more information on the program, please contact Denise Gosling at denise@mssl.org or at 732-940-5599, or visit http://www.cjysa.org/5v5justplay/index_E.html.



INFORMATION ABOUT **5v5** **JUST PLAY!**

HISTORY OF 5v5

Many South American clubs have long used 5v5 format for young player development. More recently, the 5v5 format was adopted by the English Football Association nationwide youth academy program.

WHAT'S SO BENEFICIAL ABOUT A 5V5 FORMAT?

Quite simply, players have fun while refining every aspect of their game. In the format that we use, there are no coaches or referees. With more touches on the ball, a player's proficiency is expected to improve. Additionally, as in basketball, players learn to be actively involved even when not handling the ball. The best part of 5v5 is that it allows players to gain confidence in themselves, while advancing their technical and tactical skills. This promotes a passion for the game, as well as learning winning strategies. This all occurs in a low pressure setting and provides the highest degree of player development.

HOW MANY PLAYERS MAKE UP EACH TEAM?

Typically, teams consist of five players. Each team will normally play four different teams in 20-minute games, providing a total of 80 minutes of play.

HOW ARE TEAMS FORMED?

Our goal is to form new teams at the start of each session. While we do allow intact teams to "stay together," our experience has found that players have a better experience playing with new players. On the first evening, each player receives a white t-shirt and a yellow 5v5 Just Play! t-shirt. They are required to bring both shirts each session and will put on the appropriate colored shirt based on which team they have been assigned.

WHAT IS THE PLAYING FORMAT?

A typical venue consists of 40 players split between eight teams with four games going on simultaneously. 5v5 games are set up on 30x40 yard, small-sided playing fields, allowing all four games to be held on one full-sided field. Some venues have separately lined "mini" fields. Playing sites will have one rotation of soccer coaching with a qualified coach.

WHAT RELEASE FORMS MUST BE COMPLETED?

Applications and release forms are made available to parents during the on-line registration process. These forms are also available online, either via email or on the MSSL website.

IS IT MANDATORY TO ATTEND EVERY SESSION?

Not at all, participation is voluntary! Teams are formed based on the number of players who show up that session. Players may choose to attend all dates, or designate which of the playing dates they wish to attend. We find that parents and players alike appreciate the flexibility that this format offers.

ARE COACHES IN CHARGE OF EACH TEAM?

We do not use coaches (except at Soccer For All sites). However, we do provide supervision. Typically we provide one game supervisor per two fields (e.g., we select local college players, or big brother and big sister volunteers from the sponsoring soccer club). These players provide a good role model and we often end the season with a final evening of "coaches" versus "players" games.

ARE PARENTS REQUIRED TO STAY AT THE GAME?

No. However, many parents find these games a relaxing time to socialize with the other parents on the sideline while watching their children play. This is a relaxed format that both parents and players have enjoyed.

IN REGARDS TO CARPOOLING OR DROP OFF/PICK UP, DOES IT MATTER IF PLAYERS ARE NOT ON THE SAME TEAM?

It does not matter; since teams are selected at each playing session, all players arrive and leave at the same time.

WHO WILL LOOK AFTER THE CHILDREN WHEN A PARENT IS NOT PRESENT?

On site adult supervisors monitor the conduct and safety of all players. We do pay attention to ensure that players are escorted any time they leave the playing area. For example, when the restrooms are some distance from the playing area, we will arrange for supervisors to accompany the player. We encourage the buddy system and never allow one player to go off alone. The same holds true if the parents are not available to pick up a child. We collect parent cell phone numbers and alternate contacts to ensure that we can communicate with responsible adults in the event that the parent is not at the facility. All children are under our supervision until their ride arrives.

SEE YOU SOON!